

breakfast

ALL DAY



Check out the Visual Menu to see images of our tasty food in action!

Strawberry Cheesecake Oats - 18

Strawberry cheesecake flavoured overnight oats topped with coconut yoghurt, seeds, Biscoff crumb and fresh fruit. (VG)

Açai Smoothie Bowl - 20

Blended banana, berries and acai bowl, topped with coconut yoghurt, seeds, fresh fruit and shaved coconut. (VG) (GF)

Manna Big Breakfast - 30

Toasted sourdough with two poached eggs, mushrooms, housemade beans, smokey bacon, golden hash brown and cheese kransky. (GFO)

+ Avocado 4 + Halloumi 4

Sourdough Fruit Bread - 9

Two pieces of toasted sourdough fruit bread, served with butter and optional orange marmalade (no extra cost).

The Loaded Croissant - 22

Golden buttery croissant with smokey bacon, fried egg and a hash brown, topped with chilli jam hollandaise.

+ Mushrooms 4 + Halloumi 4
+ Avocado 4

Vego Loaded Croissant - 21

Golden buttery croissant with caramelised onion, mushrooms, swiss cheese, rocket and aioli.

+ Avocado 4 + Hash Brown 3

Bacon & Egg Waffles - 22

Two waffles with bacon, two poached eggs and maple hollandaise. (GFO +2)

+ Hash Brown 3 + Halloumi 4
+ Extra Waffle 6 + Mushrooms 4

Sweet Waffles of the Month - 18

Two toasted waffles, loaded with a delicious new topping every month. Check out the specials or ask the team! (GFO +2)

+ Go on, make it a triple +6

+ Go classic with just ice cream, maple syrup and strawberries.

Vegan Stuffed Mushroom - 22

Vegan feta and spinach stuffed portobello mushrooms, topped with snow pea tendrils, pickled radish salad and chimichurri.

(VG) (GF)

+ Egg 3 + Hash Brown 3

Smashed Avo - 18

Smashed avocado on a toasted focaccia with beetroot hummus, feta and fried kale chips. (VGO) (GFO)

+ Egg 3 + Halloumi 4
+ Bacon 6 + Hash Brown 3

Eggs on Toast - 14

Two free range eggs (poached or fried) on sourdough toast, served with housemade tomato chutney. (GFO)

Want them scrambled? +3

ADD ONS:

Hash Brown 3	Bacon 6
Avocado 4	Mushrooms 4
Sourdough Toast 3	Egg 3
Cheese Kransky 6	Halloumi 4
Spinach 4	Kale Chips 4

SAUCES:

Chilli Jam 2	BBQ Sauce 1
Aioli 2	Tomato Chutney 2
Hollandaise 2	Tomato Sauce 1
Maple Hollandaise 2	Jalapeño Mayo 2

ADD THREE HOUSEMADE

Arancini Balls

PUMPKIN, FETA & PESTO \$14 (GF)

KITCHEN OPEN UNTIL 2PM DAILY
15% PUBLIC HOLIDAY SURCHARGE

lunch

AVAILABLE FROM 11:30 AM



Check out the Visual Menu to see images of our tasty food in action!

Pork Sausage Roll - 19

Housemade sausage roll with pork, cranberry and sage, served with garden salad and tomato chutney. (VGO)

+ Vegan Sausage Roll 5

+ Hot Chippies 5

Sweet Potato & Halloumi Salad - 20

Sweet potato, halloumi, chickpeas, house pickled red onion, cucumber and lettuce, dressed with green goddess sauce. (GF) (VGO)

+ Avocado 4 + Chicken 6 + Fried Tofu 4

Southwest Chicken Salad - 24

Smokey marinated chicken with lettuce, pickled red onion, sweet corn, black beans, tomato, avocado and corn chips, dressed with ranch dressing. (GF)

+ Swap Chicken for Fried Tofu

Chicken Schnitzel Burger - 24

House baked bun with fried chicken schnitzel, American-style cheese, pickles, jalapeño mayo and greens, served with hot chippies.

+ Bacon 4

+ Avocado 4

Smashed Sweet Potato Bagel - 20

House baked bagel with smashed sweet potato, lettuce, vegan feta, sundried tomato and green goddess sauce. (VG)

+ Hot Chippies 5

+ Hash Brown 3

+ Beetroot Hummus 4 + Avocado 4

Chipotle Chicken Bagel - 22

House baked bagel with chipotle mayo chicken, lettuce, Swiss cheese and fresh tomato.

+ Halloumi 4

+ Bacon 4

+ Hot Chippies 5

+ Avocado 4

Leek, Pumpkin & Sage Quiche - 22

Housemade quiche with leek, pumpkin, sage and feta cheese served with garden salad and tomato chutney. (GF)

+ Hot Chippies 5

GF = GLUTEN FREE

VG = VEGAN

GFO = GLUTEN FREE OPTION

VGO = VEGAN OPTION

No extra charge for GF bread

Sides to Share

(OR NOT, NO JUDGEMENT)

Housemade Arancini Balls (3pc) - 14
Pumpkin, Feta & Pesto (VG) (GF)

Housemade Mozzarella Sticks
(4pc) - 14 (GF)

Hot Chippies (GF) - 11

Hash Browns (3pc) (GF) - 8

FANCY A drink?

OJ Mimosa - 12

Goodieson Pale Ale - 9

Goodieson Apple Cider - 9

Woodstock Grenache Rose - 9

Chalk Hill Luna Shiraz - 10

Find more booze, milkshakes, coffees and more over on our drinks menu.

KITCHEN OPEN UNTIL 2PM DAILY
15% PUBLIC HOLIDAY SURCHARGE